

SOUTHERN CROSS COUNTRY

2017



SCHOOL FACTS & INFORMATION

Southern Regional School District

90 Cedar Bridge Road
Manahawkin, NJ 08050
609-597-9481
www.srsd.net

Superintendent	Mr. Craig Henry
Assisant Superintendent	Mr. Daniel MacPhee
Principal	Mr. Eric Wilhelm
Assistant Principal	Mrs. Susan Craig
Assistant Principal	Mr. Joseph Medica
Assistant Principal	Mr. Joseph DiPietro
Assistant Principal	Dr. Richard Falleta
Athletic Director	Mr. Charles Donohue, Jr.
Athletic Trainer	Mr. Nicholas Scaramazza
Yoga Instructor	Ms. Ashley Cranmer
School Mascot/NickName	The "Rams" / Rams
School Colors	Black & Gold

ROSTER

HEAD COACH: SCOTT BAKER

ASSISTANT COACH: ANTHONY BARSCH

SENIORS

ADANATZIAN, EVAN	CONNER, DEVIN	KEYES, PAUL	VAKIL, MANAV
BATES, DOMININC	DIEMER, SAMUEL	MCBRIDE, CONNOR	VAN DECKER, MATTHEW

JUNIORS

DAMATO, JAKE	JOHNSTON, THOMAS	PIERRO, MATTHEW	SHACKLETON,	VAN LIEW, DILLON
FLAHERTY, RYAN	MIDDLETON, TREVOR	SCHAUB, MARTY	MICHAEL	WAHL, DANIEL
FORTE, EVAN	PELUSIO, SPENCER		THALER, ERIC	WATSON, BROOKS

SOPHOMORES

BATES, DEAN	GOETZ, PATRICK	LEMLEY, NICHOLAS	OTT, RYAN
BOERO, COLIN	JANI, JAYANT	LIETER, KEONI	PANICHELLO, ALEX
DAVIS, RYAN	KLUNK, DEAN	MONTERROSA, CHRISTIAN	PARKER, JOE
DURNIEN, CONOR	LABELLE, RYAN	OPAUSKI, CODY	RECK, ALEXANDER

FRESHMAN

BARBIERI, JOHN	DEHART, KEVIN	KILCOMMONS, BRIAN	RAYLMAN, NICHOLAS	VAN LIEW, LOGAN
BATES, DYLAN	DESIDERIO, NICHOLAS	MASTANDREA, JOHN	SARI, DOMINIC	WASACZ, DREW
BRADDOCK, JACKSON	EVANCHIK, THOMAS	OLKOWSKI, THOMAS	SCHRIEVER, SIMON	
CHANDA, MICHAEL	FASTIGE, TYLER	PELUSIO, BRADEN	SINCAVAGE, TIMOTHY	
D'AMELIO, NUNZIO	HILLE, JONATHAN	RAINEY, JAKE	SIRISKY, JADEN	

SEASON ACCOLADES

DIVISIONAL MEET

- VARSITY
 - 2ND IN A-SOUTH
- JUNIOR VARSITY:
 - A-SOUTH CHAMPIONS
 - SHUT OUT MANY OTHER JV TEAMS

OCEAN COUNTY MEET

- VARSITY: 1ST PLACE
- JUNIOR VARSITY: 1ST PLACE
- FRESHMAN: 1ST PLACE

SHORE CONFERENCE MEET

- VARSITY: 9TH PLACE*
- JUNIOR VARSITY A: 5TH PLACE
- JUNIOR VARSITY B: 2ND PLACE
- FRESHMAN: 1ST PLACE

STATE SECTIONAL MEET

- VARSITY: 3RD PLACE

STATE GROUP MEET

- VARSITY: 20TH PLACE

STATE MEET OF CHAMPIONS

- VARSITY: FAILED TO QUALIFY

AWARDS



LETTER AWARDS

4th Year Varsity

Adanatzian, Evan
Conner, Devin

Keyes, Paul
McBride, Connor

3rd Year Varsity

Bates, Domininc

Thaler, Eric

2nd Year Varsity

Bates, Dean
Boero, Colin
Diemer, Samuel

Forte, Evan
Jani, Jayant
Lemley, Nicholas

Lieter, Keoni
Middleton, Trevor
Van Liew, Dillon

1st Year Varsity

Barbieri, John
Bates, Dylan
Braddock, Jackson
Chanda, Michael

Flaherty, Ryan
Goetz, Patrick
LaBelle, Ryan
Mastandrea, John

Ott, Ryan
Panichello, Alex
Reck, Alexander
Sincavage, Timothy

Vakil, Manav
Van Decker, Matthew
Van Liew, Logan

Honorary Varsity

Pierro, Matthew

Junior Varsity

Damato, Jake
D'Amelio, Nunzio
Davis, Ryan
DeHart, Kevin
Desiderio, Nicholas
Durnien, Conor
Evanchik, Thomas

Fastige, Tyler
Hille, Jonathan
Johnston, Thomas
Kilcommons, Brian
Klunk, Dean
Monterrosa, Christian
Olkowski, Thomas

Opauski, Cody
Parker, Joe
Pelusio, Braden
Pelusio, Spencer
Rainey, Jake
Raylman, Nicholas
Sari, Dominic

Schaub, Marty
Schriever, Simon
Shackleton, Michael
Sirisky, Jaden
Wahl, Daniel
Wasacz, Drew
Watson, Brooks

SPECIAL AWARDS

Rising Star Award

'rīziNG stār - noun

A person who is quickly becoming popular, successful, etc.

Synonyms: achiever, doer, go-getter, palpable presence, spark plug, up-and-comer.

Jackson Braddock

True Grit Award

troō grit - noun

Courage and resolve; strength of character.

Synonyms: courage, bravery, pluck, mettle, backbone, spirit, strength of character.

Evan Adanatzian

Perseverance Award

per·se·ver·ance - noun

Steadfastness in doing something despite difficulty or delay in achieving success.

Synonyms: persistence, tenacity, determination, staying power, steadfastness, purposefulness.

Christian Monterrosa

Lionheart Award

li·on·heart·ed - adjective

Brave and determined.

Synonyms: brave, courageous, valiant, gallant, intrepid, valorous, fearless, bold, daring.

Patrick Goetz

Golden Apple Award

göldən apəl - noun

One who subordinates personal aspirations and works in a coordinated effort with other members of a group, or team, in striving for a common goal

Synonyms: selfless, reliable, committed, enthusiastic, accountability, respectful

Eric Thaler

Coaches Award

kōCHs - noun

Presented to the athlete whose contribution to our success this season deserves the utmost recognition. For without him, none of our accolades would have been possible.

Synonyms: MVP

Connor McBride & Paulie Keyes

ALL-TIME LISTS



Top 50 5k Times

	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Dragonetti, Eric	2012	11	2010.10.30	15:28	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
2	Valeriani, Matthew	2010	12	2009.10.06	15:32	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
3	Skeie, Brandon	2011	12	2010.10.30	15:32	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
4	Burns, Kelly	1989	12	1988.09.26	15:34	Dual Meet vs. Lacey Township	Southern Regional High School, Manahawkin, NJ (??-95)
5	Roberts, Rich	1990	12	1989.10.18	15:42	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
T6	Adanatian, Evan	2018	11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ
T6	Keyes, Paul	2018	12	2017.10.26	15:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T8	Zarrillo, Vinnie	2001	12	2000.10.20	15:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
T8	Iacovelli, Jarred	2011	12	2010.10.30	15:47	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T10	McBride, Connor	2018	12	2017.10.26	15:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T10	Wareham, Rob	2001	10	1998.10.23	15:50	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Nocco, Nicholas	2014	12	2013.10.24	15:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	Simpson, Joseph	2005	12	2004.11.06	15:57	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
14	Decker, Brian	1991	11	1989.10.18	16:00	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
15	Clark, Adam	2001	10	1998.10.23	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ
16	Howley, Sean	2015	11	2013.10.24	16:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ
17	Stanziano, Brian	2000	11	1998.10.23	16:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
18	Cummings, Jim	1990	12	1989.10.16	16:05	Dual Meet vs. Manchester Township	Southern Regional High School, Manahawkin, NJ (??-95)
19	McBride, Connor	2018	11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
20	Sargent, Thomas	1998	12	1997.10.18	16:10	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
21	Raynor, Cody	2014	12	2013.10.24	16:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ
22	Brearley, Justin	2009	12	2008.10.30	16:12	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
23	Davies, CJ	2004	12	2003.10.28	16:15	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T24	Di Filippo, Joseph	2014	12	2013.10.24	16:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T24	Wasilewski Jr., William	2004	12	2003.10.28	16:16	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
26	Evans, Mike	2014	9	2010.10.30	16:18	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
27	Brearley, Colin	2007	11	2005.11.05	16:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
28	Smith, Tommy	1993	10	1990.10.31	16:21	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
29	Marino, David	2014	11	2012.10.25	16:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T30	Mardirosian, Nicholas	2011	12	2010.10.30	16:24	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T30	Yates, Ethan	2017	11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ
32	Braddock, Jackson	2021	9	2017.10.12	16:25	Class A-South Championship	Ocean County Park, Lakewood, NJ
33	Armstrong, Jake	2008	12	2007.10.20	16:26	Ocean County Championships	Ocean County Park, Lakewood, NJ
34	Mershon, Stephen	2013	12	2012.10.25	16:27	Shore Conference Championships	Ocean County Park, Lakewood, NJ
35	Skodi, Nathan	2017	12	2016.10.20	16:28	Ocean County Championships	Ocean County Park, Lakewood, NJ
36	Grobosky, Josh	2005	11	2003.10.28	16:29	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
37	Stanziano, Joseph	2002	12	2001.10.15	16:31	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ
T38	Kubarewicz, William	2017	12	2016.09.16	16:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
T38	Petit-Frere, Scotty	2016	12	2015.10.22	16:32	Ocean County Championships	Ocean County Park, Lakewood, NJ
40	Elwood Jr., Brian Paul	2006	10	2003.10.28	16:33	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
41	Martin, Rich	1996	12	1995.10.28	16:34	NJSIAA Group 4 State Sectional Championships	Kingsway Regional High School, Swedesboro, NJ
T42	Tomczuk, Joseph	2009	12	2008.09.16	16:34	Double-Dual Meet vs. Brick Memorial & Toms River North	Ocean County Park, Lakewood, NJ
T42	O'Hearn, James	2014	12	2013.10.24	16:34	Shore Conference Championships	Ocean County Park, Lakewood, NJ
44	Lovenberg, William	2016	12	2015.10.15	16:36	Class A-South Championship	Ocean County Park, Lakewood, NJ
45	Maher, Ryan	1997	12	1996.10.12	16:39	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
46	Sherman, Victor	2008	11	2006.10.21	16:40	Ocean County Championships	Ocean County Park, Lakewood, NJ
T47	Abrams, Elliott	1992	11	1990.10.31	16:43	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
T47	Romanowski, Rob	2004	10	2001.10.15	16:43	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ
49	Maggion, Jack	1991	10	1988.11.07	16:46	Dual Meet vs. Monsignor Donovan	Southern Regional High School, Manahawkin, NJ (??-95)
50	Collett, Tyler	2000	11	1998.10.23	16:47	Ocean County Championships	Ocean County Park, Lakewood, NJ

CLASS LISTS

Seniors

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Valeriani, Matthew	2010	12	2009.10.06	15:32	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
2	Skeie, Brandon	2011	12	2010.10.30	15:32	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
3	Burns, Kelly	1989	12	1988.09.26	15:34	Dual Meet vs. Lacey Township	Southern Regional High School, Manahawkin, NJ (??-95)
4	Roberts, Rich	1990	12	1989.10.18	15:42	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
5	Keyes, Paul	2018	12	2017.10.26	15:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T6	Zarrillo, Vinnie	2001	12	2000.10.20	15:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
T6	Iacovelli, Jarred	2011	12	2010.10.30	15:47	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
8	McBride, Connor	2018	12	2017.10.26	15:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Nocco, Nicholas	2014	12	2013.10.24	15:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
10	Simpson, Joseph	2005	12	2004.11.06	15:57	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
11	Dragonetti, Eric	2012	12	2011.10.20	16:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Cummings, Jim	1990	12	1989.10.16	16:05	Dual Meet vs. Manchester Township	Southern Regional High School, Manahawkin, NJ (??-95)
13	Adanatian, Evan	2018	12	2017.11.04	16:07	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
14	Sargent, Thomas	1998	12	1997.10.18	16:10	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
15	Raynor, Cody	2014	12	2013.10.24	16:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T16	Brearley, Justin	2009	12	2008.10.30	16:12	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T16	Clark, Adam	2001	12	2000.10.28	16:12	NJSIAA Group 4 State Sectional Championships	Williamstown High School, Williamstown, NJ
18	Davies, CJ	2004	12	2003.10.28	16:15	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T19	Di Filippo, Joseph	2014	12	2013.10.24	16:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T19	Wasilewski Jr., William	2004	12	2003.10.28	16:16	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
21	Howley, Sean	2015	12	2014.10.30	16:17	Shore Conference Championships	Ocean County Park, Lakewood, NJ
22	Evans, Michael	2014	12	2013.10.24	16:19	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Decker, Brian	1991	12	1990.10.31	16:20	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
24	Wareham, Rob	2001	12	2000.10.20	16:22	Ocean County Championships	Ocean County Park, Lakewood, NJ
T25	Mardirosian, Nicholas	2011	12	2010.10.30	16:24	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T25	Marino, David	2014	12	2013.10.24	16:24	Shore Conference Championships	Ocean County Park, Lakewood, NJ

Juniors

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Dragonetti, Eric	2012	11	2010.10.30	15:28	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
2	Adanatian, Evan	2018	11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ
3	Keyes, Paul	2018	11	2016.10.13	15:45	Class A-South Championship	Ocean County Park, Lakewood, NJ
T4	Roberts, Rich	1990	11	1988.11.07	15:51	Dual Meet vs. Monsignor Donovan	Southern Regional High School, Manahawkin, NJ (??-95)
T4	Valeriani, Matthew	2010	11	2008.10.30	15:51	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
6	Decker, Brian	1991	11	1989.10.18	16:00	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
T7	Howley, Sean	2015	11	2013.10.24	16:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T7	Simpson, Joseph	2005	11	2003.10.24	16:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
9	Stanziano, Brian	2000	11	1998.10.23	16:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
10	Zarrillo, Vinnie	2001	11	1999.11.06	16:05	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
11	Skeie, Brandon	2011	11	2009.10.06	16:06	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
12	Wareham, Rob	2001	11	1999.11.06	16:08	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
13	McBride, Connor	2018	11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
14	Cummings, Jim	1990	11	1988.10.14	16:11	Double-Dual Meet vs. Admiral Farragut & Pinelands Regional	Southern Regional High School, Manahawkin, NJ (??-95)
15	Brearley, Colin	2007	11	2005.11.05	16:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
16	Davies, CJ	2004	11	2002.01.01	16:21	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ
T17	Raynor, Cody	2014	11	2012.10.11	16:22	Dual Meet vs. TR North & Brick Mem.	Southern Regional High School, Manahawkin, NJ
T17	Nocco, Nicholas	2014	11	2012.10.25	16:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ
19	Marino, David	2014	11	2012.10.25	16:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ
20	Yates, Ethan	2017	11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ
T21	Grobosky, Josh	2005	11	2003.10.28	16:29	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T21	Di Filippo, Joseph	2014	11	2012.10.25	16:29	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Iacovelli, Jarred	2011	11	2009.10.06	16:30	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
24	Kubarewicz, William	2017	11	2015.10.15	16:34	Class A-South Championship	Ocean County Park, Lakewood, NJ
25	Clark, Adam	2001	11	1999.11.06	16:35	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ

CLASS LISTS

Sophomore

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Wareham, Rob	2001	10	1998.10.23	15:50	Ocean County Championships	Ocean County Park, Lakewood, NJ
2	Dragonetti, Eric	2012	10	2009.10.22	15:51	Ocean County Championships	Ocean County Park, Lakewood, NJ
3	Clark, Adam	2001	10	1998.10.23	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ
4	Adanatizian, Evan	2018	10	2015.10.15	16:16	Class A-South Championship	Ocean County Park, Lakewood, NJ
T5	Smith, Tommy	1993	10	1990.10.31	16:21	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
T5	Skeie, Brandon	2011	10	2008.10.30	16:21	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
7	Keyes, Paul	2018	10	2015.10.29	16:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ
8	Howley, Sean	2015	10	2012.10.25	16:25	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Marino, David	2014	10	2011.10.04	16:31	Double-Dual Meet vs. Brick Memorial & Toms River North	Ocean County Park, Lakewood, NJ
10	Elwood Jr., Brian Paul	2006	10	2003.10.28	16:33	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T11	Zarrillo, Vinnie	2001	10	1998.10.23	16:37	Ocean County Championships	Ocean County Park, Lakewood, NJ
T11	McBride, Connor	2018	10	2015.10.22	16:37	Ocean County Championships	Ocean County Park, Lakewood, NJ
T13	Kubarewicz, William	2017	10	2014.09.19	16:41	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
T13	Stanziano, Brian	2000	10	1997.11.08	16:41	NJSIAA Group 4 State Sectional Championships	Kingsway Regional High School, Swedesboro, NJ
15	Romanowski, Rob	2004	10	2001.10.15	16:43	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ
16	Maggion, Jack	1991	10	1988.11.07	16:46	Dual Meet vs. Monsignor Donovan	Southern Regional High School, Manahawkin, NJ (??-95)
17	Yates, Ethan	2017	10	2014.09.19	16:49	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
18	Iacovelli, Jarred	2011	10	2008.10.30	16:52	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
19	Lieter, Keoni	2020	10	2017.10.26	16:55	Shore Conference Championships	Ocean County Park, Lakewood, NJ
20	Tomczuk, Joseph	2009	10	2006.10.21	16:58	Ocean County Championships	Ocean County Park, Lakewood, NJ
T21	Burns, Kelly	1989	10	1986.09.13	16:59	Ocean County Championships	Ocean County Park, Lakewood, NJ (New Course)
T21	Valeriani, Matthew	2010	10	2007.10.20	16:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
23	Decker, Brian	1991	10	1988.10.14	17:00	Double-Dual Meet vs. Admiral Farragut & Pinelands Regional	Southern Regional High School, Manahawkin, NJ (??-95)
24	Simpson, Joseph	2005	10	2002.10.08	17:01	Dual Meet vs. Toms River North	Toms River North High School, Toms River, NJ
T25	Gray, John	2007	10	2004.10.05	17:02	Dual Meet vs. Toms River North	Southern Regional High School, Manahawkin, NJ
T25	Bates, Dean	2020	10	2017.10.26	17:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ

Freshman

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Evans, Michael	2014	9	2010.10.30	16:18	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T2	Wareham, Rob	2001	9	1997.10.18	16:25	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
T2	Dragonetti, Eric	2012	9	2008.10.30	16:25	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T2	Braddock, Jackson	2021	9	2017.10.12	16:25	Class A-South Championship	Ocean County Park, Lakewood, NJ
5	Keyes, Paul	2018	9	2014.10.30	16:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ
6	Stanziano, Brian	2000	9	1996.10.12	16:32	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
7	Howley, Sean	2015	9	2011.10.04	16:41	Dual Meet vs. Brick Memorial & Toms River North	Ocean County Park, Lakewood, NJ
8	Adanatizian, Evan	2018	9	2014.10.30	16:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Conlon, Mike	1993	9	1989.10.20	17:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
10	Romanowski, Rob	2004	9	2000.09.26	17:14	Dual Meet vs. Toms River North	Toms River North High School, Toms River, NJ
11	Elwood Jr., Brian Paul	2006	9	2002.10.08	17:15	Dual Meet vs. Toms River North	Toms River North High School, Toms River, NJ
T12	McBride, Connor	2018	9	2014.10.30	17:18	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T12	Simpson, Joseph	2005	9	2001.10.19	17:18	Ocean County Championships	Ocean County Park, Lakewood, NJ
T12	Marino, David	2014	9	2010.10.30	17:18	Shore Conference Frosh/JV Championships	Ocean County Park, Lakewood, NJ
15	Barbieri, John	2021	9	2017.10.12	17:20	Class A-South Championship	Ocean County Park, Lakewood, NJ
16	Chanda, Michael	2021	9	2017.11.01	17:23	The Future 7	Ocean County Park, Lakewood, NJ
17	Schmidt, Andrew	2008	9	2004.10.26	17:26	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ
18	Zarrillo, Vinnie	2001	9	1997.11.08	17:34	NJSIAA Group 4 State Sectional Championships	Kingsway Regional High School, Swedesboro, NJ
19	Skeie, Brandon	2011	9	2007.10.20	17:36	Ocean County Championships	Ocean County Park, Lakewood, NJ
20	Smith, Tommy	1993	9	1989.10.10	17:39	Dual Meet vs. Central Regional & Pinelands Regional	Southern Regional High School, Manahawkin, NJ (??-95)
21	Sincavage, Timothy	2021	9	2017.10.12	17:44	Class A-South Championship	Ocean County Park, Lakewood, NJ
22	Ward, James	2015	9	2011.11.01	17:45	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
23	Limosnero, Alex	2014	9	2010.09.14	17:48	Dual Meet vs. Brick Memorial	Ocean County Park, Lakewood, NJ
T24	Stackhouse, Scott	1994	9	1990.10.31	17:49	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
T24	Falkowski, Brian	1995	9	1991.09.01	17:49	Dual Meet vs. Manchester Township	Southern Regional High School, Manahawkin, NJ (??-95)

2-MILE LISTS

Top 25

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Valeriani, Matthew	2010	12	2009.09.12	09:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
2	Dragonetti, Eric	2012	11	2010.09.11	09:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
3	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
4	Braddock, Jackson	2021	9	2017.10.26	10:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
5	Simpson, Joseph	2005	12	2004.09.18	10:09	Cherokee Challenge	Cherokee High School, Marlton, NJ
6	Tomczuk, Joseph	2009	12	2008.09.20	10:12	Cherokee Challenge	Cherokee High School, Marlton, NJ
7	Skeie, Brandon	2011	12	2010.09.11	10:18	Cherokee Challenge	Cherokee High School, Marlton, NJ
8	Sherman, Victor	2008	12	2007.09.15	10:23	Cherokee Challenge	Cherokee High School, Marlton, NJ
9	Gifford, Troy	2012	11	2010.09.11	10:23	Cherokee Challenge	Cherokee High School, Marlton, NJ
10	Stanziano, Brian	2000	11	1998.10.06	10:24	Dual Meet vs. Brick Memorial	Ocean County Park, Lakewood, NJ
11	Armstrong, Jake	2008	12	2007.09.15	10:26	Cherokee Challenge	Cherokee High School, Marlton, NJ
12	Barbieri, John	2021	9	2017.10.26	10:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	Mardirosian, Nicholas	2011	12	2010.09.11	10:32	Cherokee Challenge	Cherokee High School, Marlton, NJ
14	Chanda, Michael	2021	9	2017.10.26	10:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ
15	Prandato, James	2007	12	2006.09.16	10:33	Cherokee Challenge	Cherokee High School, Marlton, NJ
16	Sincavage, Timothy	2021	9	2017.10.26	10:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ
17	Yates, Ethan	2017	11	2015.09.12	10:37	Cherokee Challenge	Cherokee High School, Marlton, NJ
18	Iacovelli, Jarred	2011	12	2010.09.11	10:38	Cherokee Challenge	Cherokee High School, Marlton, NJ
19	Adanatzian, Evan	2018	10	2015.09.12	10:41	Cherokee Challenge	Cherokee High School, Marlton, NJ
20	Minotti, Nicholas	2007	12	2006.09.16	10:42	Cherokee Challenge	Cherokee High School, Marlton, NJ
21	McBride, Connor	2018	12	2017.09.09	10:46	Cherokee Challenge	Cherokee High School, Marlton, NJ
22	Van Liew, Logan	2021	9	2017.10.26	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Marino, David	2014	10	2011.09.10	10:48	Cherokee Challenge	Cherokee High School, Marlton, NJ
24	Boero, Colin	2020	9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ
25	Schwerzel, Austin	2012	11	2010.09.11	10:50	Cherokee Challenge	Cherokee High School, Marlton, NJ

Freshman

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
2	Braddock, Jackson	2021	9	2017.10.26	10:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
3	Barbieri, John	2021	9	2017.10.26	10:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ
4	Chanda, Michael	2021	9	2017.10.26	10:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ
5	Sincavage, Timothy	2021	9	2017.10.26	10:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ
6	Dragonetti, Eric	2012	9	2008.09.20	10:39	Cherokee Challenge	Cherokee High School, Marlton, NJ
7	Skodi, Nathan	2017	9	2013.10.24	10:42	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T9	Boero, Colin	2020	9	2016.10.27	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T9	Van Liew, Logan	2021	9	2017.10.26	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
10	Howley, Sean	2015	9	2011.09.10	10:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
T11	Kubarewicz, William	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T11	Yates, Ethan	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	Stanziano, Joseph	2002	9	1998.10.23	10:53	Ocean County Championships	Ocean County Park, Lakewood, NJ
14	Bates, Dylan	2021	9	2017.10.26	10:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ
15	O'Malley, Ryan	2002	9	1998.10.23	10:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
16	Thaler, Eric	2019	9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ
17	Springstead, David	2019	9	2015.10.22	11:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
18	Jani, Jayant	2020	9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
19	Bates, Dean	2020	9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ
T20	Wareham, Rob	2001	9	1997.11.01	11:05	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T20	Buttiglieri, Vincent	1999	9	1995.10.20	11:05	Ocean County Championships	Ocean County Park, Lakewood, NJ
T20	Evans, Michael	2014	9	2010.09.11	11:05	Cherokee Challenge	Cherokee High School, Marlton, NJ
23	Falkowski, Brian	1995	9	1991.10.25	11:06	Ocean County Championships	Ocean County Park, Lakewood, NJ
24	Grobosky, Josh	2005	9	2001.11.03	11:07	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T25	Elwood Jr., Brian Paul	2006	9	2002.09.21	11:07	Monmouth Battlefield Class Meet	Battlefield State Park, Manalapan, NJ
T25	Simpson, Joseph	2005	9	2001.09.22	11:07	Monmouth Battlefield Class Meet	Battlefield State Park, Manalapan, NJ

COURSE LISTS

Bowdoin Park

Rank	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Valeriani, Matthew	2010	12	2009.09.26	16:38	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
2	Dragonetti, Eric	2012	10	2009.09.26	16:58	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
3	Adanatian, Evan	2018	10	2015.09.26	17:08	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
4	Yates, Ethan	2017	11	2015.09.26	17:11	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
5	Keyes, Paul	2018	11	2016.09.22	17:12	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
6	Skeie, Brandon	2011	11	2009.09.26	17:15	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
7	Mershon, Stephen	2013	12	2012.09.22	17:19	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
8	Raynor, Cody	2014	12	2013.09.28	17:22	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
9	McBride, Connor	2018	12	2017.09.23	17:28	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
10	Howley, Sean	2015	11	2013.09.28	17:31	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
11	Skodi, Nathan	2018	12	2016.09.22	17:40	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T12	Nocco, Nicholas	2014	11	2012.09.22	17:42	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T12	Di Filippo, Joseph	2014	12	2013.09.28	17:42	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T14	Iacovelli, Jarred	2011	11	2009.09.26	17:43	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T14	Lovenberg, William	2016	12	2015.09.26	17:43	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
16	Marino, David	2014	12	2013.09.28	17:45	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
17	Kubarewicz, William	2017	11	2015.09.26	17:46	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
18	Gifford, Troy	2012	10	2009.09.26	18:01	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
19	Evans, Michael	2014	12	2013.09.28	18:06	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
20	Schnell, Mason	2018	11	2016.09.22	18:09	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
21	O'Hearn, James	2014	12	2013.09.28	18:10	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
22	Mardirosian, Nicholas	2011	11	2009.09.26	18:13	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
23	Herega, Ryan	2011	11	2009.09.26	18:16	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
24	Ward, James	2015	11	2013.09.28	18:22	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
25	Garrison, Nicholas	2015	10	2012.09.22	18:28	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY

Delsea Varsity Course

	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Valeriani, Matthew	2010	12	2009.11.07	15:46	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
2	Dragonetti, Eric	2012	10	2009.11.07	16:02	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
3	Skeie, Brandon	2011	12	2010.11.06	16:06	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
4	Adanatian, Evan	2018	12	2017.11.04	16:07	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
5	Iacovelli, Jarred	2011	12	2010.11.06	16:18	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
6	Keyes, Paul	2018	11	2016.11.05	16:19	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
7	Brearley, Colin	2007	11	2005.11.05	16:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
8	Nocco, Nicholas	2014	12	2013.11.09	16:25	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T9	McBride, Connor	2018	12	2017.11.04	16:27	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T9	Simpson, Joseph	2005	12	2004.10.30	16:27	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
11	Marino, David	2014	10	2011.11.05	16:38	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
12	Davies, CJ	2004	12	2003.11.07	16:40	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
13	Brearley, Justin	2009	12	2008.11.08	16:41	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
14	Skodi, Nathan	2017	12	2016.11.05	16:42	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T15	Mardirosian, Nicholas	2011	12	2010.11.06	16:43	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T15	Yates, Ethan	2017	11	2015.11.07	16:43	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
17	Tomczuk, Joseph	2009	12	2008.10.11	16:46	South Jersey Open Invitational	Delsea Regional High School, Franklinville, NJ
T18	Kubarewicz, William	2017	11	2015.11.07	16:47	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T18	Di Filippo, Joseph	2014	11	2012.11.10	16:47	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
20	Gray, John	2007	11	2005.11.05	16:51	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
21	Braddock, Jackson	2021	9	2017.11.04	16:52	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
22	Howley, Sean	2015	10	2012.11.10	16:52	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T23	Petit-Frere, Scotty	2016	11	2014.11.08	16:55	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T23	Wasilewski Jr., William	2004	12	2003.11.07	16:55	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T25	Mershon, Stephen	2013	11	2011.11.05	16:57	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T25	Armstrong, Jake	2008	12	2007.11.03	16:57	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ

Ocean County Park Varsity Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Dragonetti, Eric	2012	11	2010.10.30	15:28	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
2	Skeie, Brandon	2011	12	2010.10.30	15:32	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
3	Valeriani, Matthew	2010	12	2009.10.22	15:40	Ocean County Championships	Ocean County Park, Lakewood, NJ
T4	Adanatzian, Evan	2018	11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ
T4	Keyes, Paul	2018	12	2017.10.26	15:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T6	Zarrillo, Vinnie	2001	12	2000.10.20	15:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
T6	Iacovelli, Jarred	2011	12	2010.10.30	15:47	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T8	McBride, Connor	2018	12	2017.10.26	15:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T8	Wareham, Rob	2001	10	1998.10.23	15:50	Ocean County Championships	Ocean County Park, Lakewood, NJ
10	Nocco, Nicholas	2014	12	2013.10.24	15:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
11	Simpson, Joseph	2005	12	2004.11.06	15:57	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
12	Clark, Adam	2001	10	1998.10.23	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ
13	Howley, Sean	2015	11	2013.10.24	16:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ
14	Stanziano, Brian	2000	11	1998.10.23	16:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
15	McBride, Connor	2018	11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
16	Raynor, Cody	2014	12	2013.10.24	16:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ
17	Brearley, Justin	2009	12	2008.10.30	16:12	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
18	Di Filippo, Joseph	2014	12	2013.10.24	16:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ
19	Evans, Michael	2014	9	2010.10.30	16:18	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
20	Sargent, Thomas	1998	12	1997.10.24	16:19	Ocean County Championships	Ocean County Park, Lakewood, NJ
T21	Davies, CJ	2004	12	2003.10.24	16:23	Ocean County Championships	Ocean County Park, Lakewood, NJ
T21	Marino, David	2014	11	2012.10.25	16:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T24	Mardirosian, Nicholas	2011	12	2010.10.30	16:24	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T24	Yates, Ethan	2017	11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ

Ocean County Park 2 Mile Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
2	Braddock, Jackson	2021	9	2017.10.26	10:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
3	Barbieri, John	2021	9	2017.10.26	10:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ
4	Chanda, Michael	2021	9	2017.10.26	10:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ
5	Sincavage, Timothy	2021	9	2017.10.26	10:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ
6	Skodi, Nathan	2017	9	2013.10.24	10:42	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T7	Boero, Colin	2020	9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ
T7	Van Liew, Logan	2021	9	2017.10.26	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Kubarewicz, William	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
10	Yates, Ethan	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
11	Stanziano, Joseph	2002	9	1998.10.23	10:53	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Bates, Dylan	2021	9	2017.10.26	10:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	O'Malley, Ryan	2002	9	1998.10.23	10:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
14	Thaler, Eric	2019	9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ
15	Springstead, David	2019	9	2015.10.22	11:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
16	Jani, Jayant	2020	9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
17	Bates, Dean	2020	9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ
18	Wareham, Rob	2001	9	1997.11.01	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T19	Buttiglieri, Vincent	1999	9	1995.10.20	11:05	Ocean County Championships	Ocean County Park, Lakewood, NJ
T19	Thaler, Eric	2019	9	2015.10.29	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
21	Falkowski, Brian	1995	9	1991.10.25	11:06	Ocean County Championships	Ocean County Park, Lakewood, NJ
22	Grobosky, Josh	2005	9	2001.11.03	11:07	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Evanchik, Thomas	2021	9	2017.10.26	11:08	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T24	Stanziano, Michael	2005	9	2001.11.03	11:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T24	Lemley, Nicholas	2020	9	2016.10.20	11:09	Ocean County Championships	Ocean County Park, Lakewood, NJ

Holmdel Varsity Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Valeriani, Matthew	2010	12	2009.10.03	16:14	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
2	Skeie, Brandon	2011	12	2010.11.20	16:19	NJSIAA State Championships (Meet Of Champions)	Holmdel Park, Holmdel, NJ
T3	Adanatzian, Evan	2018	11	2016.10.01	16:29	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T3	Simpson, Joseph	2005	12	2004.11.20	16:29	NJSIAA State Championships (Meet Of Champions)	Holmdel Park, Holmdel, NJ
T5	Zarrillo, Vinnie	2001	12	2000.11.11	16:30	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T5	Dragonetti, Eric	2012	11	2010.10.02	16:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
7	Brearley, Colin	2007	11	2005.11.12	16:40	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
8	Iacovelli, Jarred	2011	12	2010.11.13	16:41	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
9	Clark, Adam	2001	12	2000.10.07	16:42	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
10	Wareham, Rob	2001	11	1999.11.13	16:50	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
11	Brearley, Justin	2009	12	2008.11.22	16:56	NJSIAA State Championships (Meet Of Champions)	Holmdel Park, Holmdel, NJ
12	Martin, Rich	1996	12	1995.11.04	16:59	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
13	Keyes, Paul	2018	11	2016.11.12	17:01	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
14	McBride, Connor	2018	12	2017.10.07	17:02	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
15	Davies, CJ	2004	11	2002.11.02	17:04	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
16	Tomczuk, Joseph	2009	12	2008.10.04	17:05	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T17	Armstrong, Jake	2008	12	2007.10.29	17:07	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
T17	Nocco, Nicholas	2014	12	2013.11.16	17:07	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T19	Schwerdt, Jeff	1996	12	1995.11.04	17:08	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
T19	Stanziano, Brian	2000	11	1998.11.07	17:08	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
T21	Marino, David	2014	11	2012.11.17	17:11	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T21	Raynor, Cody	2014	12	2013.11.16	17:11	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T21	Wasilewski Jr., William	2004	12	2003.11.01	17:11	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
24	Di Filippo, Joseph	2014	11	2012.11.17	17:12	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
25	Yates, Ethan	2017	11	2015.11.14	17:14	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ

Holmdel 2 Mile Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
2	Braddock, Jackson	2021	9	2017.10.26	10:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
3	Barbieri, John	2021	9	2017.10.26	10:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ
4	Chanda, Michael	2021	9	2017.10.26	10:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ
5	Sincavage, Timothy	2021	9	2017.10.26	10:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ
6	Skodi, Nathan	2017	9	2013.10.24	10:42	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T7	Boero, Colin	2020	9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ
T7	Van Liew, Logan	2021	9	2017.10.26	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Kubarewicz, William	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
10	Yates, Ethan	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
11	Stanziano, Joseph	2002	9	1998.10.23	10:53	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Bates, Dylan	2021	9	2017.10.26	10:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	O'Malley, Ryan	2002	9	1998.10.23	10:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
14	Thaler, Eric	2019	9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ
15	Springstead, David	2019	9	2015.10.22	11:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
16	Jani, Jayant	2020	9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
17	Bates, Dean	2020	9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ
18	Wareham, Rob	2001	9	1997.11.01	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T19	Buttiglieri, Vincent	1999	9	1995.10.20	11:05	Ocean County Championships	Ocean County Park, Lakewood, NJ
T19	Thaler, Eric	2019	9	2015.10.29	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
21	Falkowski, Brian	1995	9	1991.10.25	11:06	Ocean County Championships	Ocean County Park, Lakewood, NJ
22	Grobosky, Josh	2005	9	2001.11.03	11:07	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Evanchik, Thomas	2021	9	2017.10.26	11:08	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T24	Stanziano, Michael	2005	9	2001.11.03	11:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T24	Lemley, Nicholas	2020	9	2016.10.20	11:09	Ocean County Championships	Ocean County Park, Lakewood, NJ

MEET RESULTS



Invitational: Cherokee Challenge

Date: September 9th, 2017

Location: Cherokee High School, Marlton, NJ

Top 12:

<u>Athlete</u>	<u>Grade</u>
<i>Braddock, Jackson</i>	<i>9</i>
<i>McBride, Connor</i>	<i>12</i>
<i>Conner, Devin</i>	<i>12</i>
<i>Conner, Devin</i>	<i>12</i>
<i>Middleton, Trevor</i>	<i>11</i>
<i>Chanda, Michael</i>	<i>9</i>
<i>Barbieri, John</i>	<i>9</i>
<i>Bates, Dylan</i>	<i>9</i>
<i>Bates, Domininc</i>	<i>12</i>
<i>Sincavage, Timothy</i>	<i>9</i>
<i>Van Liew, Dillon</i>	<i>11</i>
<i>Lemley, Nicholas</i>	<i>10</i>

Meet Apple:

Frosh Race:

Braddock, Jackson

Sophomore Race:

LaBelle, Ryan

Junior Race:

Pierro, Matthew

Senior Race:

Connor McBride

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Braddock, Jackson	2021	9	10:34	2 Miles	Middleton, Trevor	2019	11	11:02	2 Miles
Chanda, Michael	2021	9	11:04	2 Miles	Van Liew, Dillon	2019	11	11:22	2 Miles
Barbieri, John	2021	9	11:08	2 Miles	Pelusio, Spencer	2019	11	12:05	2 Miles
Bates, Dylan	2021	9	11:14	2 Miles	Pierro, Matthew	2019	11	12:14	2 Miles
Sincavage, Timothy	2021	9	11:21	2 Miles	Forte, Evan	2019	11	12:15	2 Miles
Mastandrea, John	2021	9	11:33	2 Miles	Watson, Brooks	2019	11	12:26	2 Miles
Evanchik, Thomas	2021	9	11:57	2 Miles	Flaherty, Ryan	2019	11	12:37	2 Miles
Hille, Jonathan	2021	9	12:18	2 Miles	Shackleton, Michael	2019	11	13:10	2 Miles
DeHart, Kevin	2021	9	12:28	2 Miles	Johnston, Thomas	2019	11	13:29	2 Miles
Olkowski, Thomas	2021	9	12:35	2 Miles	Damato, Jake	2019	11	15:57	2 Miles
Van Liew, Logan	2021	9	12:40	2 Miles	Schaub, Marty	2019	11	15:57	2 Miles
Pelusio, Braden	2021	9	13:04	2 Miles	Wahl, Daniel	2019	11	16:46	2 Miles
Desiderio, Nicholas	2021	9	13:05	2 Miles	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Kilcommons, Brian	2021	9	13:15	2 Miles	McBride, Connor	2018	12	10:46	2 Miles
D'Amelio, Nunzio	2021	9	13:18	2 Miles	Conner, Devin	2018	12	10:52	2 Miles
Wasacz, Drew	2021	9	13:25	2 Miles	Conner, Devin	2018	12	10:52	2 Miles
Rainey, Jake	2021	9	13:30	2 Miles	Bates, Domininc	2018	12	11:19	2 Miles
DeHart, Jesse	2021	9	13:49	2 Miles	Diemer, Samuel	2018	12	11:42	2 Miles
Sari, Dominic	2021	9	13:53	2 Miles					
Schriever, Simon	2021	9	14:39	2 Miles					
Raylman, Nicholas	2021	9	15:05	2 Miles					
Sirisky, Jaden	2021	9	15:34	2 Miles					
Fastige, Tyler	2021	9	16:04	2 Miles					
<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>					
Lemley, Nicholas	2020	10	11:29	2 Miles					
Jani, Jayant	2020	10	11:37	2 Miles					
Boero, Colin	2020	10	11:53	2 Miles					
Ott, Ryan	2020	10	11:58	2 Miles					
LaBelle, Ryan	2020	10	12:06	2 Miles					
Davis, Ryan	2020	10	12:19	2 Miles					
Goetz, Patrick	2020	10	12:30	2 Miles					
Reck, Alexander	2020	10	12:39	2 Miles					
Opauski, Cody	2020	10	14:01	2 Miles					
Durnien, Conor	2020	10	14:05	2 Miles					
Parker, Joe	2020	10	14:13	2 Miles					
Klunk, Dean	2020	10	14:52	2 Miles					
Monterrosa, Christian	2020	10	16:46	2 Miles					

Invitational: Battle at Ocean County Park

Date: September 15th, 2017

Location: Ocean County Park, Lakewood, NJ

Top 12:

<u>Athlete</u>	<u>Grade</u>
Adanatzian, Evan	12
Bates, Domininc	12
Conner, Devin	12
Keyes, Paul	12
McBride, Connor	12
Middleton, Trevor	11
Van Liew, Dillon	11
Bates, Dean	10
Barbieri, John	9
Braddock, Jackson	9
Chanda, Michael	9
Sincavage, Timothy	9

Meet Apple:

Frosh Race:

Sari, Dominic

Sophomore Race:

Goetz, Patrick

Junior Race:

Watson, Brooks

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Braddock, Jackson	2021	9	10:24	2 Miles
Barbieri, John	2021	9	10:46	2 Miles
Chanda, Michael	2021	9	10:54	2 Miles
Sincavage, Timothy	2021	9	11:14	2 Miles
Mastandrea, John	2021	9	11:20	2 Miles
Bates, Dylan	2021	9	11:25	2 Miles
Evanchik, Thomas	2021	9	11:32	2 Miles
Hille, Jonathan	2021	9	11:38	2 Miles
DeHart, Kevin	2021	9	12:00	2 Miles
Olkowski, Thomas	2021	9	12:11	2 Miles
Van Liew, Logan	2021	9	12:14	2 Miles
Kilcommons, Brian	2021	9	12:24	2 Miles
Desiderio, Nicholas	2021	9	12:30	2 Miles
D'Amelio, Nunzio	2021	9	12:35	2 Miles
Wasacz, Drew	2021	9	12:35	2 Miles
Rainey, Jake	2021	9	12:36	2 Miles
Pelusio, Braden	2021	9	12:54	2 Miles
Sari, Dominic	2021	9	12:57	2 Miles
Schriever, Simon	2021	9	13:44	2 Miles
Raylman, Nicholas	2021	9	14:32	2 Miles
Sirisky, Jaden	2021	9	15:20	2 Miles

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Jani, Jayant	2020	10	17:49	5k
Lieter, Keoni	2020	10	17:59	5k
Lemley, Nicholas	2020	10	18:28	5k
LaBelle, Ryan	2020	10	18:59	5k
Ott, Ryan	2020	10	19:08	5k
Goetz, Patrick	2020	10	19:38	5k
Davis, Ryan	2020	10	19:40	5k
Panichello, Alex	2020	10	20:11	5k
Opauski, Cody	2020	10	22:05	5k
Parker, Joe	2020	10	24:26	5k
Klunk, Dean	2020	10	24:44	5k
Durnien, Conor	2020	10	24:45	5k
Monterrosa, Christian	2020	10	26:42	5k
<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Diemer, Samuel	2018	12	18:31	5k
Forte, Evan	2019	11	19:37	5k
Pierro, Matthew	2019	11	19:58	5k
Pelusio, Spencer	2019	11	20:00	5k
Watson, Brooks	2019	11	21:04	5k
Johnston, Thomas	2019	11	21:19	5k
Shackleton, Michael	2019	11	21:29	5k
Damato, Jake	2019	11	23:44	5k
Schaub, Marty	2019	11	24:37	5k
Flaherty, Ryan	2019	11	DNF	5k

Invitational: Bowdoin XC Invite
Date: September 23rd, 2017
Location: Bowdoin Park, Poughkeepsie, NY

Top 12:

Athlete	Grade
Adanatzian, Evan	12
Bates, Domininc	12
Conner, Devin	12
Keyes, Paul	12
McBride, Connor	12
Middleton, Trevor	11
Bates, Dean	10
Jani, Jayant	10
Lieter, Keoni	10
Barbieri, John	9
Braddock, Jackson	9
Chanda, Michael	9

Meet Apple:

Frosh Race:
Mastandrea, John
JV Race:
Bates, Dean
Varsity Race:
Lieter, Keoni

Athlete	Class Of	Grade	Time	Distance
Braddock, Jackson	2021	9	10:01	3k
Barbieri, John	2021	9	10:24	3k
Chanda, Michael	2021	9	10:30	3k
Sincavage, Timothy	2021	9	10:39	3k
Mastandrea, John	2021	9	10:39	3k
Bates, Dylan	2021	9	10:49	3k
Evanchik, Thomas	2021	9	11:12	3k
Athlete	Class Of	Grade	Time	Distance
Keyes, Paul	2018	12	17:28	5k
McBride, Connor	2018	12	17:28	5k
Middleton, Trevor	2019	11	18:58	5k
Lieter, Keoni	2020	10	19:01	5k
Bates, Domininc	2018	12	19:14	5k
Jani, Jayant	2020	10	19:21	5k
Van Liew, Dillon	2019	11	19:45	5k
Athlete	Class Of	Grade	Time	Distance
Bates, Dean	2020	10	19:15	5k
Diemer, Samuel	2018	12	19:32	5k
Lemley, Nicholas	2020	10	19:49	5k
LaBelle, Ryan	2020	10	19:56	5k
Thaler, Eric	2019	11	20:18	5k
Forte, Evan	2019	11	21:00	5k
Goetz, Patrick	2020	10	21:04	5k
Adanatzian, Evan	2018	12		5k

Freshman took 1st
22 points over CBA (72 points)

JV & Frosh: CBA & WWPS

Date: September 29th, 2017

Location: CBA, Lincroft, NJ

Top 12:

Athlete	Grade
Adanatian, Evan	12
Bates, Domininc	12
Conner, Devin	12
Diemer, Samuel	12
Keyes, Paul	12
McBride, Connor	12
Middleton, Trevor	11
Bates, Dean	10
Lieter, Keoni	10
Barbieri, John	9
Braddock, Jackson	9
Chanda, Michael	9

Meet Apple:

Frosh Race:

Van Liew, Logan

JV Race:

Monterrossa, Christian

Athlete	Class Of	Grade	Time	Distance	
Braddock, Jackson	2021	9	07:25	1.5 Miles	
Barbieri, John	2021	9	07:42	1.5 Miles	
Chanda, Michael	2021	9	07:48	1.5 Miles	
Sincavage, Timothy	2021	9	07:53	1.5 Miles	
Bates, Dylan	2021	9	07:58	1.5 Miles	
Mastandrea, John	2021	9	08:00	1.5 Miles	
Evanchik, Thomas	2021	9	08:14	1.5 Miles	
Van Liew, Logan	2021	9	08:21	1.5 Miles	
Hille, Jonathan	2021	9	08:23	1.5 Miles	
Wasacz, Drew	2021	9	08:26	1.5 Miles	
Olkowski, Thomas	2021	9	08:34	1.5 Miles	
Desiderio, Nicholas	2021	9	08:57	1.5 Miles	
Kilcommons, Brian	2021	9	08:57	1.5 Miles	
Pelusio, Braden	2021	9	08:58	1.5 Miles	
Sari, Dominic	2021	9	09:00	1.5 Miles	
D'Amelio, Nunzio	2021	9	09:20	1.5 Miles	
Rainey, Jake	2021	9	09:40	1.5 Miles	
Schriever, Simon	2021	9	09:48	1.5 Miles	
Raylman, Nicholas	2021	9	10:29	1.5 Miles	
Athlete	Class Of	Grade	Time	Distance	Converted
Diemer, Samuel	2018	12	16:55	3 Miles	17:29
Lemley, Nicholas	2020	10	17:02	3 Miles	17:36
Forte, Evan	2019	11	17:05	3 Miles	17:39
Thaler, Eric	2019	11	17:22	3 Miles	17:57
LaBelle, Ryan	2020	10	17:24	3 Miles	17:59
Ott, Ryan	2020	10	17:39	3 Miles	18:14
Goetz, Patrick	2020	10	18:23	3 Miles	19:00
Davis, Ryan	2020	10	18:41	3 Miles	19:18
Pierro, Matthew	2019	11	18:51	3 Miles	19:29
Pelusio, Spencer	2019	11	19:04	3 Miles	19:42
Shackleton, Michael	2019	11	19:28	3 Miles	20:07
Watson, Brooks	2019	11	19:41	3 Miles	20:20
Johnston, Thomas	2019	11	19:56	3 Miles	20:36
Durnien, Conor	2020	10	21:06	3 Miles	21:48
Damato, Jake	2019	11	22:01	3 Miles	22:45
Klunk, Dean	2020	10	22:09	3 Miles	22:53
Schaub, Marty	2019	11	22:44	3 Miles	23:29
Parker, Joe	2020	10	22:54	3 Miles	23:40
Vakil, Manav	2018	12	24:50	3 Miles	25:40
Monterrossa, Christian	2020	10	26:21	3 Miles	27:14
Wahl, Daniel	2019	11	26:24	3 Miles	27:17

Scores

Frosh:

Southern – 21 CBA – 36

Southern – 19 WWPS – 39

JV:

Southern – 50 CBA – 50

Southern – 50 WWPS – 15

Invitational: Shore Coaches

Date: October 7th, 2017

Location: Holmdel Park, Holmdel NJ

Top 12:

Adanatgian, Evan	12
Conner, Devin	12
Diemer, Samuel	12
Keyes, Paul	12
McBride, Connor	12
Bates, Dean	10
Lemley, Nicholas	10
Lieter, Keoni	10
Barbieri, John	9
Braddock, Jackson	9
Chanda, Michael	9
Sincavage, Timothy	9

Meet Apple:

Frosh Race:

Barbieri, John

JV Race:

Diemer, Samuel

Varsity Race:

Leiter, Keoni

Freshman took 1st w/ 44
points over CBA (120 points)

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Braddock, Jackson	2021	9	11:26	2 Miles
Barbieri, John	2021	9	11:51	2 Miles
Chanda, Michael	2021	9	11:57	2 Miles
Sincavage, Timothy	2021	9	12:10	2 Miles
Bates, Dylan	2021	9	12:27	2 Miles
Mastandrea, John	2021	9	12:28	2 Miles
Van Liew, Logan	2021	9	12:36	2 Miles
Evanchik, Thomas	2021	9	12:46	2 Miles
Hille, Jonathan	2021	9	13:09	2 Miles
Olkowski, Thomas	2021	9	13:28	2 Miles
Desiderio, Nicholas	2021	9	13:34	2 Miles
Sari, Dominic	2021	9	13:38	2 Miles
Kilcommons, Brian	2021	9	13:42	2 Miles
D'Amelio, Nunzio	2021	9	14:13	2 Miles
Schriever, Simon	2021	9	14:57	2 Miles
Raylman, Nicholas	2021	9	16:04	2 Miles
Sirisky, Jaden	2021	9	18:05	2 Miles
Fastige, Tyler	2021	9	19:04	2 Miles
Wasacz, Drew	2021	9	DNF	2 Miles
<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
McBride, Connor	2018	12	17:02	5K
Conner, Devin	2018	12	18:26	5K
Lieter, Keoni	2020	10	18:58	5K
Keyes, Paul	2018	12	19:20	5K
Middleton, Trevor	2019	11	19:28	5K
Bates, Domininc	2018	12	19:28	5K
Adanatgian, Evan	2018	12	DNF	5K
<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Diemer, Samuel	2018	12	18:54	5K
Bates, Dean	2020	10	18:56	5K
Lemley, Nicholas	2020	10	19:03	5K
Jani, Jayant	2020	10	19:19	5K
Van Liew, Dillon	2019	11	20:07	5K
LaBelle, Ryan	2020	10	20:13	5K
Forte, Evan	2019	11	20:43	5K
Ott, Ryan	2020	10	20:50	5K
Pierro, Matthew	2019	11	20:56	5K
Goetz, Patrick	2020	10	21:23	5K
Panichello, Alex	2020	10	21:24	5K
Davis, Ryan	2020	10	22:15	5K
Watson, Brooks	2019	11	22:55	5K
Johnston, Thomas	2019	11	23:06	5K
Shackleton, Michael	2019	11	23:21	5K
Damato, Jake	2019	11	24:36	5K
Schaub, Marty	2019	11	26:51	5K
Klunk, Dean	2020	10	27:02	5K
Wahl, Daniel	2019	11	29:00	5K

Championship: A-South Championship
Date: October 12th, 2017
Location: Ocean County Park, Lakewood NJ

Top 12:

<u>Athlete</u>	<u>Class Of</u>
Adanatgian, Evan	2018
Conner, Devin	2018
Keyes, Paul	2018
McBride, Connor	2018
Middleton, Trevor	2019
Van Liew, Dillon	2019
Bates, Dean	2020
Jani, Jayant	2020
Lieter, Keoni	2020
Barbieri, John	2021
Braddock, Jackson	2021
Chanda, Michael	2021

Meet Apple:

JV Race:
Middleton, Trevor
Varsity Race:
Keyes, Paul

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Middleton, Trevor	2019	11	17:20	5k
Jani, Jayant	2020	10	17:42	5k
Diemer, Samuel	2018	12	17:50	5k
Lemley, Nicholas	2020	10	17:59	5k
Thaler, Eric	2019	11	17:59	5k
Van Liew, Logan	2021	9	18:02	5k
LaBelle, Ryan	2020	10	18:11	5k
Bates, Dylan	2021	9	18:22	5k
Boero, Colin	2020	10	18:38	5k
Forte, Evan	2019	11	18:39	5k
Goetz, Patrick	2020	10	18:45	5k
Ott, Ryan	2020	10	18:54	5k
Hille, Jonathan	2021	9	18:55	5k
Evanchik, Thomas	2021	9	19:04	5k
Pierro, Matthew	2019	11	19:11	5k
Davis, Ryan	2020	10	19:14	5k
Mastandrea, John	2021	9	19:24	5k
Olkowski, Thomas	2021	9	19:24	5k
Desiderio, Nicholas	2021	9	19:25	5k
Pelusio, Spencer	2019	11	19:37	5k
Kilcommons, Brian	2021	9	19:56	5k
Sari, Dominic	2021	9	19:58	5k
Pelusio, Braden	2021	9	19:59	5k
D'Amelio, Nunzio	2021	9	20:15	5k
Reck, Alexander	2020	10	20:28	5k
Watson, Brooks	2019	11	20:42	5k
Johnston, Thomas	2019	11	20:45	5k
Shackleton, Michael	2019	11	21:16	5k
Rainey, Jake	2021	9	21:48	5k
Damato, Jake	2019	11	22:17	5k
Durnien, Conor	2020	10	22:25	5k
Panichello, Alex	2020	10	22:42	5k
Schriever, Simon	2021	9	22:44	5k
Parker, Joe	2020	10	23:10	5k
Klunk, Dean	2020	10	23:24	5k
Opauski, Cody	2020	10	23:26	5k
Raylman, Nicholas	2021	9	23:28	5k
Schaub, Marty	2019	11	24:43	5k
Sirisky, Jaden	2021	9	25:08	5k
Vakil, Manav	2018	12	25:25	5k
Monterrosa, Christian	2020	10	26:16	5k
Fastige, Tyler	2021	9	26:50	5k

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Keyes, Paul	2018	12	16:00	5k
McBride, Connor	2018	12	16:03	5k
Braddock, Jackson	2021	9	16:25	5k
Lieter, Keoni	2020	10	17:17	5k
Bates, Dean	2020	10	17:18	5k
Barbieri, John	2021	9	17:20	5k
Chanda, Michael	2021	9	17:28	5k
Conner, Devin	2018	12	17:36	5k
Van Liew, Dillon	2019	11	17:39	5k
Sincavage, Timothy	2021	9	17:44	5k
Bates, Domininc	2018	12	17:54	5k
Adanatgian, Evan	2018	12	DNF	5k

Second to Jackson
38-49

Championship: Ocean Country Championship

Date: October 19th, 2017

Location: Ocean County Park, Lakewood NJ

Top 12:

Athlete	Grade
Adanatgian, Evan	12
Conner, Devin	12
Keyes, Paul	12
McBride, Connor	12
Middleton, Trevor	11
Bates, Dean	10
Jani, Jayant	10
Lieter, Keoni	10
Barbieri, John	9
Braddock, Jackson	9
Chanda, Michael	9
Sincavage, Timothy	9

Meet Apple:

Frosh Race:

Chanda, Michael

JV Race:

Pierro, Matthew

Varsity Race:

Lieter, Keoni*

Athlete	Class Of	Grade	Time	Distance
McBride, Connor	2018	12	16:01	5k
Keyes, Paul	2018	12	16:14	5k
Adanatgian, Evan	2018	12	16:16	5k
Braddock, Jackson	2021	9	16:35	5k
Lieter, Keoni	2020	10	17:04	5k
Bates, Dean	2020	10	17:17	5k
Middleton, Trevor	2019	11	17:32	5k
Athlete	Class Of	Grade	Time	Distance
Conner, Devin	2018	12	17:35	5k
Jani, Jayant	2020	10	17:39	5k
Diemer, Samuel	2018	12	17:48	5k
Van Liew, Dillon	2019	11	17:49	5k
Lemley, Nicholas	2020	10	17:50	5k
LaBelle, Ryan	2020	10	17:52	5k
Bates, Domininc	2018	12	18:00	5k
Boero, Colin	2020	10	18:02	5k
Ott, Ryan	2020	10	18:07	5k
Thaler, Eric	2019	11	18:13	5k
Forte, Evan	2019	11	18:36	5k
Pierro, Matthew	2019	11	18:37	5k
Davis, Ryan	2020	10	19:00	5k
Panichello, Alex	2020	10	19:05	5k
Pelusio, Spencer	2019	11	19:33	5k
Reck, Alexander	2020	10	19:47	5k
Shackleton, Michael	2019	11	20:02	5k
Watson, Brooks	2019	11	20:17	5k
Romano, Robert	2018	12	21:00	5k
Springstead, David	2019	11	21:07	5k
Johnston, Thomas	2019	11	21:09	5k
Durnien, Conon	2020	10	21:32	5k
Damato, Jake	2019	11	21:50	5k
Parker, Joe	2020	10	22:09	5k
Chang, Jovan	2018	12	22:14	5k
Schaub, Marty	2019	11	23:30	5k
Klunk, Dean	2020	10	23:46	5k
Vakil, Manav	2018	12	24:51	5k
Monterrosa, Christian	2020	10	25:15	5k
Wahl, Daniel	2019	11	27:17	5k
Goetz, Patrick	2020	10	DNF	5k
Opauski, Cody	2020	10	DNF	5k

Athlete	Class Of	Grade	Time	Distance
Barbieri, John	2021	9	10:39	2 Miles
Chanda, Michael	2021	9	10:40	2 Miles
Sincavage, Timothy	2021	9	10:41	2 Miles
Van Liew, Logan	2021	9	10:58	2 Miles
Evanchik, Thomas	2021	9	11:14	2 Miles
Hille, Jonathan	2021	9	11:15	2 Miles
Bates, Dylan	2021	9	11:16	2 Miles
Wasacz, Drew	2021	9	11:40	2 Miles
Olkowski, Thomas	2021	9	11:45	2 Miles
Desiderio, Nicholas	2021	9	11:50	2 Miles
Kilcommons, Brian	2021	9	11:54	2 Miles
Sari, Dominic	2021	9	12:01	2 Miles
D'Amelio, Nunzio	2021	9	12:14	2 Miles
Pelusio, Braden	2021	9	12:36	2 Miles
Rainey, Jake	2021	9	12:54	2 Miles
Schriever, Simon	2021	9	13:46	2 Miles
Raylman, Nicholas	2021	9	13:56	2 Miles
Sirisky, Jaden	2021	9	14:43	2 Miles
Fastige, Tyler	2021	9	16:17	2 Miles

TEAM STANDINGS

Varsity: 1st Place

Junior Varsity: 1st Place

Frosh: 1st Place

Championship: Shore Conference Championship

Date: October 26th, 2017

Location: Ocean County Park, Lakewood NJ

Top 12:

Athlete	Class Of	Grade
Adanatizian, Evan	2018	12
Keyes, Paul	2018	12
McBride, Connor	2018	12
Middleton, Trevor	2019	11
Van Liew, Dillon	2019	11
Bates, Dean	2020	10
Jani, Jayant	2020	10
Lieter, Keoni	2020	10
Barbieri, John	2021	9
Braddock, Jackson	2021	9
Chanda, Michael	2021	9
Sincavage, Timothy	2021	9

Meet Apple:

Frosh Race:

Kilcommons, Brian
Olkowski, Thomas

JV Race A:

Jani, Jayant

JV Race B:

Durnien, Conor

Athlete	Class Of	Grade	Time	Distance
Braddock, Jackson	2021	9	10:05	2 Miles
Barbieri, John	2021	9	10:31	2 Miles
Chanda, Michael	2021	9	10:32	2 Miles
Sincavage, Timothy	2021	9	10:33	2 Miles
Van Liew, Logan	2021	9	10:48	2 Miles
Bates, Dylan	2021	9	10:58	2 Miles
Evanchik, Thomas	2021	9	11:08	2 Miles
Hille, Jonathan	2021	9	11:12	2 Miles
Olkowski, Thomas	2021	9	11:26	2 Miles
Kilcommons, Brian	2021	9	11:27	2 Miles
Desiderio, Nicholas	2021	9	11:44	2 Miles
Sari, Dominic	2021	9	11:47	2 Miles
Wasacz, Drew	2021	9	11:57	2 Miles
Pelusio, Braden	2021	9	12:15	2 Miles
D'Amelio, Nunzio	2021	9	12:19	2 Miles
Rainey, Jake	2021	9	12:41	2 Miles
Schriever, Simon	2021	9	13:18	2 Miles
Raylman, Nicholas	2021	9	13:56	2 Miles
Athlete	Class Of	Grade	Time	Distance
Keyes, Paul	2018	12	15:43	5k
McBride, Connor	2018	12	15:50	5k
Middleton, Trevor	2019	11	16:54	5k
Lieter, Keoni	2020	10	16:55	5k
Bates, Dean	2020	10	17:02	5k
Diemer, Samuel	2018	12	17:38	5k
Conner, Devin	2018	12	18:08	5k

Athlete	Class Of	Grade	Time	Distance
Jani, Jayant	2020	10	17:19	5k
Van Liew, Dillon	2019	11	17:29	5k
Lemley, Nicholas	2020	10	17:45	5k
LaBelle, Ryan	2020	10	17:50	5k
Thaler, Eric	2019	11	17:55	5k
Boero, Colin	2020	10	17:57	5k
Bates, Domininc	2018	12	18:07	5k
Ott, Ryan	2020	10	18:09	5k
Goetz, Patrick	2020	10	18:18	5k
Davis, Ryan	2020	10	18:45	5k
Athlete	Class Of	Grade	Time	Distance
Reck, Alexander	2020	10	18:07	5k
Panichello, Alex	2020	10	18:22	5k
Forte, Evan	2019	11	18:29	5k
Pierro, Matthew	2019	11	18:37	5k
Shackleton, Michael	2019	11	19:37	5k
Pelusio, Spencer	2019	11	19:50	5k
Johnston, Thomas	2019	11	19:54	5k
Watson, Brooks	2019	11	20:25	5k
Durnien, Conor	2020	10	20:26	5k
Damato, Jake	2019	11	21:26	5k
Parker, Joe	2020	10	21:50	5k
Schaub, Marty	2019	11	21:52	5k
Opauski, Cody	2020	10	22:00	5k
Klunk, Dean	2020	10	23:30	5k
Wahl, Daniel	2019	11	25:52	5k

TEAM STANDINGS

Varsity: 9th

Junior Varsity A: 5th

Junior Varsity B: 2nd

Frosh: 1st

Championship: The Future 7

Date: November 1st, 2017

Location: Ocean County Park, Lakewood NJ

Top 12:

Athlete	Class Of	Grade
Adanatzian, Evan	2018	12
Diemer, Samuel	2018	12
Keyes, Paul	2018	12
McBride, Connor	2018	12
Middleton, Trevor	2019	11
Van Liew, Dillon	2019	11
Bates, Dean	2020	10
Lieter, Keoni	2020	10
Barbieri, John	2021	9
Braddock, Jackson	2021	9
Chanda, Michael	2021	9
Sincavage, Timothy	2021	9

Meet Apple:

Frosh Race:

Sincavage, Tim

JV Race:

Van Liew, Dillon

Athlete	Class Of	Grade	Time	Distance
Van Liew, Dillon	2019	11	17:28	5k
Diemer, Samuel	2018	12	17:30	5k
Boero, Colin	2020	10	17:49	5k
Ott, Ryan	2020	10	17:54	5k
Lemley, Nicholas	2020	10	17:57	5k
Jani, Jayant	2020	10	18:14	5k
Forte, Evan	2019	11	18:25	5k
Panichello, Alex	2020	10	18:36	5k
Reck, Alexander	2020	10	18:43	5k
Goetz, Patrick	2020	10	18:46	5k
Thaler, Eric	2019	11	18:52	5k
Pierro, Matthew	2019	11	18:56	5k
Davis, Ryan	2020	10	19:00	5k
Pelusio, Spencer	2019	11	19:27	5k
Shackleton, Michael	2019	11	19:44	5k
Watson, Brooks	2019	11	20:03	5k
Durnien, Conor	2020	10	20:50	5k
Parker, Joe	2020	10	22:35	5k
Klunk, Dean	2020	10	22:36	5k
Damato, Jake	2019	11	22:37	5k
Monterrosa, Christian	2020	10	26:00	5k
Wahl, Daniel	2019	11	26:23	5k

Athlete	Class Of	Grade	Time	Distance
Chanda, Michael	2021	9	17:23	5k
Sincavage, Timothy	2021	9	17:45	5k
Van Liew, Logan	2021	9	18:08	5k
Wasacz, Drew	2021	9	18:44	5k
Mastandrea, John	2021	9	18:46	5k
Bates, Dylan	2021	9	18:54	5k
Evanchik, Thomas	2021	9	18:55	5k
Olkowski, Thomas	2021	9	18:56	5k
Kilcommons, Brian	2021	9	19:09	5k
Hille, Jonathan	2021	9	19:50	5k
Desiderio, Nicholas	2021	9	19:54	5k
Sari, Dominic	2021	9	19:55	5k
D'Amelio, Nunzio	2021	9	20:00	5k
Pelusio, Braden	2021	9	20:36	5k
Rainey, Jake	2021	9	21:18	5k
Schriever, Simon	2021	9	21:43	5k
Raylman, Nicholas	2021	9	22:38	5k
Sirisky, Jaden	2021	9	24:09	5k
Fastige, Tyler	2021	9	24:18	5k

TEAM STANDINGS

Junior Varsity: 1st

Frosh: 1st

Championship: NJSIAA Group 4 State Sectional Championships

Date: November 4th, 2017

Location: Delsea Regional High School, Franklinville, NJ

Top 12:

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>
Adanatzian, Evan	2018	12
Diemer, Samuel	2018	12
Keyes, Paul	2018	12
McBride, Connor	2018	12
Middleton, Trevor	2019	11
Van Liew, Dillon	2019	11
Bates, Dean	2020	10
Lieter, Keoni	2020	10
Barbieri, John	2021	9
Braddock, Jackson	2021	9
Chanda, Michael	2021	9
Sincavage, Timothy	2021	9

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Adanatzian, Evan	2018	12	16:07	5k
McBride, Connor	2018	12	16:27	5k
Keyes, Paul	2018	12	16:28	5k
Braddock, Jackson	2021	9	16:52	5k
Middleton, Trevor	2019	11	17:12	5k
Lieter, Keoni	2020	10	17:32	5k
Bates, Dean	2020	10	17:41	5k

TEAM STANDINGS

3rd Place

Advanced for 10th straight year

Championship: NJSIAA Group 4 State Championships

Date: November 11th, 2017

Location: Holmdel Park, Holmdel, NJ

Top 12:

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>
Adanatzian, Evan	2018	12
Diemer, Samuel	2018	12
Keyes, Paul	2018	12
McBride, Connor	2018	12
Middleton, Trevor	2019	11
Van Liew, Dillon	2019	11
Bates, Dean	2020	10
Lieter, Keoni	2020	10
Barbieri, John	2021	9
Braddock, Jackson	2021	9
Chanda, Michael	2021	9
Sincavage, Timothy	2021	9

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
McBride, Connor	2018	12	17:07	5k
Keyes, Paul	2018	12	17:31	5k
Braddock, Jackson	2021	9	18:10	5k
Lieter, Keoni	2020	10	18:21	5k
Bates, Dean	2020	10	18:40	5k
Middleton, Trevor	2019	11	19:05	5k
Adanatzian, Evan	2018	12	DNF	5k

TEAM STANDINGS

20th Place

(out of 20 teams)

CLASS OF 2018

“SENIORS”





Evan Adanatzian

4th Year Varsity
Personal Best: 15:43

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2017.11.04	16:07	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
12	2017.10.19	16:16	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.01	16:29	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.11.14	16:58	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
10	2015.11.07	16:33	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
10	2015.10.29	16:20	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	16:19	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	16:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	16:58	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.26	17:08	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2015.09.18	16:31	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	10:41	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.11.15	17:55	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
9	2014.11.08	17:48	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
9	2014.10.30	16:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	17:25	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	17:08	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	18:18	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.27	18:33	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
9	2014.09.19	17:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2014.09.13	11:29	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Dominic Bates

3rd Year Varsity
Personal Best: 17:28

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2017.10.26	18:07	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.19	18:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.12	17:54	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2017.10.07	19:28	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2017.09.23	19:14	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
12	2017.09.09	11:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2016.11.02	18:46	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.27	18:08	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.20	17:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	17:54	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	18:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	18:51	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
11	2016.09.16	17:28	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	11:22	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	17:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	17:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	17:32	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	19:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.26	19:17	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2015.09.18	18:08	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	11:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.10.30	20:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	20:05	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	19:38	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	21:54	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.23	14:29	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	2 Miles
9	2014.09.19	12:07	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2014.09.13	12:54	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Devin Conner

4th Year Varsity
Personal Best: 17:16

Grade	Date	Time	Meet	Location	Distance
12	2017.10.26	18:08	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.19	17:35	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.12	17:36	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2017.10.07	18:26	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2017.09.09	10:52	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2016.11.02	18:05	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.27	17:20	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.20	17:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	17:29	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	18:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	18:29	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
11	2016.09.16	17:16	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	11:23	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	17:30	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	17:55	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	17:19	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	18:40	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.26	18:53	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2015.09.18	18:10	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	11:20	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.10.30	18:10	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	18:12	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	18:18	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	20:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.27	19:52	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
9	2014.09.19	18:26	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2014.09.13	11:53	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Samuel Diemer

2nd Year Varsity
Personal Best: 17:30

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2017.11.01	17:30	The Future 7	Ocean County Park, Lakewood, NJ	5k
12	2017.10.26	17:38	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.19	17:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.12	17:50	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2017.10.07	18:54	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2017.09.29	16:55	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
12	2017.09.23	19:32	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
12	2017.09.15	18:31	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
12	2017.09.09	11:42	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2016.11.02	18:26	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.27	17:53	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.20	17:52	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	17:46	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	19:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	19:44	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
11	2016.09.16	18:15	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	12:02	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	19:30	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	19:51	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	19:33	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	22:09	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.18	20:19	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	12:55	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.10.30	19:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	20:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	19:50	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	21:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.23	14:47	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	2 Miles
9	2014.09.19	12:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2014.09.13	13:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Paul Keyes Jr.

4th Year Varsity
Personal Best: 15:43

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2017.11.11	17:31	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
12	2017.11.04	16:28	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
12	2017.10.26	15:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.19	16:14	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.12	16:00	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2017.10.07	19:20	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2017.09.23	17:28	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
11	2016.11.12	17:01	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
11	2016.11.05	16:19	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
11	2016.10.20	15:58	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	15:45	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	17:06	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	17:12	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
11	2016.09.16	16:05	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	10:27	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.11.14	17:23	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
10	2015.11.07	16:38	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
10	2015.10.29	16:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	16:38	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	16:23	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	17:35	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.18	16:33	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	10:43	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.11.15	17:20	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
9	2014.11.08	16:59	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
9	2014.10.30	16:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	16:39	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	16:43	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	18:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.23	11:52	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	2 Miles
9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2014.09.13	10:46	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Connor McBride

4th Year Varsity
Personal Best: 16:50

Grade	Date	Time	Meet	Location	Distance
12	2017.10.26	15:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.19	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.12	16:03	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2017.10.07	17:02	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2017.09.23	17:28	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
12	2017.09.09	10:46	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2016.11.12	17:44	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
11	2016.11.05	16:54	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	16:23	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	17:22	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	17:37	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
10	2015.11.14	19:59	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
10	2015.11.07	DNF	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
10	2015.10.29	16:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	16:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	16:42	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	17:46	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.26	17:55	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2015.09.18	16:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	10:52	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
12	2017.11.11	17:07	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
12	2017.11.04	16:27	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
9	2014.10.30	17:18	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	17:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	17:32	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	18:51	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.27	19:12	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
9	2014.09.19	17:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2014.09.13	11:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles

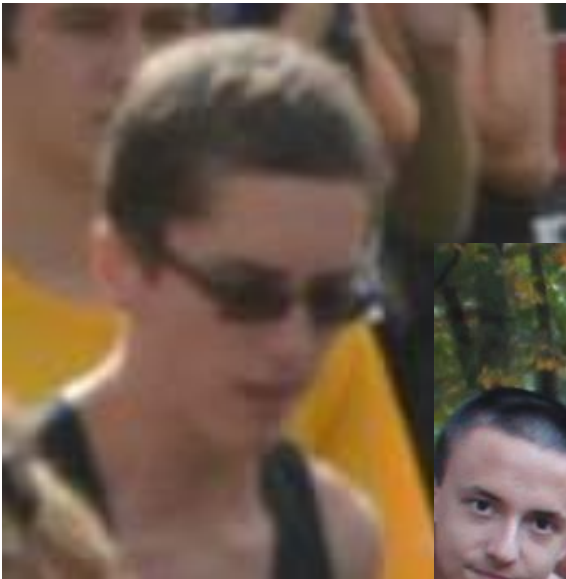


Manav Vakil

1st Year Varsity

Personal Best: 24:51

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2017.10.19	24:51	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
12	2017.10.12	25:25	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2017.09.29	24:50	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles



Matthew Van Decker

1st Year Varsity
Personal Best: 23:09

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.02	26:54	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.27	23:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.20	24:11	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	23:40	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	25:54	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.16	25:06	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	16:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	26:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	26:58	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	25:01	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	30:23	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.13	14:38	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles

CLASS OF 2019

“JUNIORS”





Jake Damato

Junior Varsity
Personal Best: 21:26

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2017.11.01	22:37	The Future 7	Ocean County Park, Lakewood, NJ	5k
11	2017.10.26	21:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	21:50	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	22:17	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	24:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.29	22:01	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.15	23:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2017.09.09	15:57	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.11.02	25:15	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	23:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	23:22	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	23:41	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	26:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	24:07	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	17:12	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Ryan Flaherty

1st Year Varsity

Personal Best: 18:46

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2017.09.15	DNF	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2017.09.09	12:37	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.10.20	18:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	19:18	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	20:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	19:13	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	12:30	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	11:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	12:08	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	20:03	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.10.03	14:32	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2015.09.18	12:55	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	13:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Evan Forte

2nd Year Varsity
Personal Best: 17:39*

Grade	Date	Time	Meet	Location	Distance
11	2017.11.01	18:25	The Future 7	Ocean County Park, Lakewood, NJ	5k
11	2017.10.26	18:29	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	18:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	18:39	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	20:43	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.29	17:05	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.23	21:00	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
11	2017.09.15	19:37	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2017.09.09	12:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.11.02	19:31	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	19:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	18:39	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	18:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	20:38	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	18:56	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	13:38	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	11:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	11:57	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	19:46	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.09.18	11:58	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	13:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Thomas (TJ) Johnston

Junior Varsity

Personal Best: 19:54

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2017.10.26	19:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	21:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	20:45	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	23:06	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.29	19:56	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.15	21:19	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2017.09.09	13:29	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.11.02	22:11	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	20:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	21:07	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	21:12	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	22:58	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	21:58	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	14:42	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Trevor Middleton

2nd Year Varsity

Personal Best: 16:54

Grade	Date	Time	Meet	Location	Distance
11	2017.11.11	19:05	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
11	2017.11.04	17:12	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
11	2017.10.26	16:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	17:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	17:20	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	19:28	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.23	18:58	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
11	2017.09.09	11:02	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.11.02	19:04	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	19:03	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	17:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	17:58	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	19:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.22	19:27	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
10	2016.09.16	18:08	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	12:14	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	11:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	11:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.03	13:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles



Spencer Pelusio

Junior Varsity
Personal Best: 19:27

Grade	Date	Time	Meet	Location	Distance
11	2017.11.01	19:27	The Future 7	Ocean County Park, Lakewood, NJ	5k
11	2017.10.26	19:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	19:33	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	19:37	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.09.29	19:04	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.15	20:00	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2017.09.09	12:05	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.11.02	21:29	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	20:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	19:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	20:05	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	21:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	20:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	13:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	12:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	12:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	20:11	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.09.18	12:36	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	13:02	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Matthew Pierro

Honorary Varsity

Personal Best: 18:37

Grade	Date	Time	Meet	Location	Distance
11	2017.11.01	18:56	The Future 7	Ocean County Park, Lakewood, NJ	5k
11	2017.10.26	18:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	18:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	19:11	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	20:56	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.29	18:51	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.15	19:58	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2017.09.09	12:14	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.11.02	21:02	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	20:40	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	20:20	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	20:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	22:48	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	21:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	14:09	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	13:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	13:28	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	22:00	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.10.03	16:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2015.09.18	13:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	14:31	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Marty Schaub

Junior Varsity
Personal Best: 21:52

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2017.10.26	21:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	23:30	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	24:43	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	26:51	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.29	22:44	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.15	24:37	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2017.09.09	15:57	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.10.27	23:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	24:31	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	26:40	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	29:53	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	26:46	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	17:32	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.22	14:43	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	26:19	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k



Michael Shackleton

Junior Varsity
Personal Best: 19:37

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2017.11.01	19:44	The Future 7	Ocean County Park, Lakewood, NJ	5k
11	2017.10.26	19:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	20:02	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	21:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	23:21	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.29	19:28	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.15	21:29	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2017.09.09	13:10	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Eric Thaler
3rd Year Varsity
Personal Best: 17:40

Grade	Date	Time	Meet	Location	Distance
11	2017.11.01	18:52	The Future 7	Ocean County Park, Lakewood, NJ	5k
11	2017.10.26	17:55	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	18:13	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	17:59	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.09.29	17:22	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.23	20:18	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2016.11.02	18:28	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	17:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	17:45	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	17:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	19:17	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.22	18:57	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
10	2016.09.16	17:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	11:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	18:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.10.03	12:39	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2015.09.26	19:29	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
9	2015.09.18	18:27	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2015.09.12	11:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Dillon Van Liew

2nd Year Varsity
Personal Best: 17:28

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2017.11.01	17:28	The Future 7	Ocean County Park, Lakewood, NJ	5k
11	2017.10.26	17:29	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	17:49	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	17:39	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	20:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.23	19:45	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
11	2017.09.09	11:22	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.11.02	19:10	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	18:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	18:03	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	18:13	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	19:32	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	18:23	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	12:54	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Daniel Wahl
Junior Varsity
Personal Best: 25:52

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2017.11.01	26:23	The Future 7	Ocean County Park, Lakewood, NJ	5k
11	2017.10.26	25:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	27:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	29:00	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.29	26:24	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.09	16:46	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Brooks Watson

Junior Varsity
Personal Best: 20:03

Grade	Date	Time	Meet	Location	Distance
11	2017.11.01	20:03	The Future 7	Ocean County Park, Lakewood, NJ	5k
11	2017.10.26	20:25	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.19	20:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2017.10.12	20:42	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2017.10.07	22:55	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2017.09.29	19:41	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
11	2017.09.15	21:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2017.09.09	12:26	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2016.11.02	21:16	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	22:24	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	20:26	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	20:26	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	22:34	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	21:15	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	14:08	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	12:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	12:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	20:30	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.09.18	12:47	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	14:25	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles

CLASS OF 2020
“SOPHOMORES”





Dean Bates

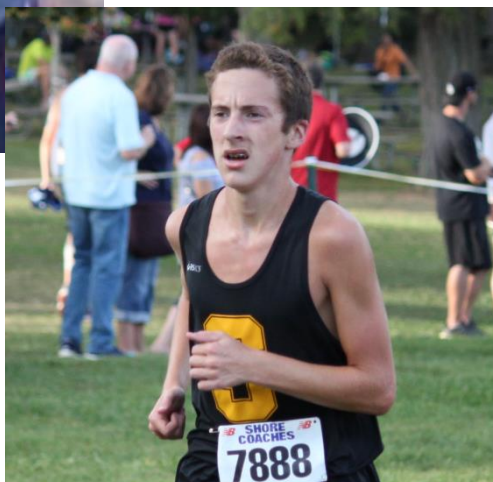
2nd Year Varsity
Personal Best: 17:02

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.11	18:40	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
10	2017.11.04	17:41	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
10	2017.10.26	17:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	17:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	17:18	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.10.07	18:56	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2017.09.23	19:15	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
9	2016.11.02	19:33	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	11:15	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	18:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	12:43	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	18:30	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2016.09.10	12:17	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Colin Boero
2nd Year Varsity
Personal Best: 17:49

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.01	17:49	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.26	17:57	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	18:02	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	18:38	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	11:53	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2016.11.02	18:21	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	17:58	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	12:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.22	21:07	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
9	2016.09.16	18:16	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2016.09.10	12:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Ryan Davis

Junior Varsity
Personal Best: 18:45

Grade	Date	Time	Meet	Location	Distance
10	2017.11.01	19:00	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.26	18:45	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	19:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	19:14	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.10.07	22:15	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2017.09.29	18:41	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
10	2017.09.15	19:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	12:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2016.11.02	22:35	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	12:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	12:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	21:03	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	14:12	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	13:11	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	14:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Conor Durnien **Junior Varsity** **Personal Best: 20:56**

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.01	20:50	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.26	20:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	21:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	22:25	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.09.29	21:06	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
10	2017.09.15	24:45	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	14:05	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Jayant Jani

2nd Year Varsity
Personal Best: 17:19

Class Of	Grade	Date	Time	Meet	Location	Distance
2020	10	2017.11.01	18:14	The Future 7	Ocean County Park, Lakewood, NJ	5k
2020	10	2017.10.26	17:19	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
2020	10	2017.10.19	17:39	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
2020	10	2017.10.12	17:42	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
2020	10	2017.10.07	19:19	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
2020	10	2017.09.23	19:21	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
2020	10	2017.09.15	17:49	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
2020	10	2017.09.09	11:37	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
2020	9	2016.11.02	19:00	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
2020	9	2016.10.27	17:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
2020	9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
2020	9	2016.10.13	18:08	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
2020	9	2016.10.01	12:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
2020	9	2016.09.22	19:39	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
2020	9	2016.09.16	18:12	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
2020	9	2016.09.10	12:00	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Dean Klunk

Junior Varsity

Personal Best: 22:36

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.01	22:36	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.26	23:30	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	23:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	23:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.10.07	27:02	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2017.09.29	22:09	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
10	2017.09.15	24:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	14:52	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Ryan LeBelle

1st Year Varsity

Personal Best: 15:50

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.10.26	17:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	17:52	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	18:11	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.10.07	20:13	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2017.09.29	17:24	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
10	2017.09.23	19:56	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2017.09.15	18:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	12:06	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2016.11.02	22:01	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	12:14	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	12:22	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	20:29	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	14:06	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	12:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	14:24	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Nicholas Lemley

1st Year Varsity

Personal Best: 17:45

Grade	Date	Time	Meet	Location	Distance
10	2017.11.01	17:57	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.26	17:45	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	17:50	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	17:59	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.10.07	19:03	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2017.09.29	17:02	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
10	2017.09.23	19:49	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2017.09.15	18:28	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	11:29	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2016.11.02	19:33	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.20	11:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	19:01	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	12:40	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	11:37	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles



Keoni Lieter
2nd Year Varsity
Personal Best: 16:55

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.11	18:21	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
10	2017.11.04	17:32	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
10	2017.10.26	16:55	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	17:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	17:17	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.10.07	18:58	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2017.09.23	19:01	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2017.09.15	17:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2016.10.20	DNF	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	11:31	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Christian Monterrosa

Junior Varsity
Personal Best: 25:15

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.01	26:00	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	25:15	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	26:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.09.29	26:21	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
10	2017.09.15	26:42	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	16:46	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Cody Opauski
Junior Varsity
Personal Best: 22:00

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.10.26	22:00	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	DNF	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	23:26	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.09.15	22:05	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	14:01	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Ryan Ott
1st Year Varsity
Personal Best: 17:54

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.01	17:54	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.26	18:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	18:07	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	18:54	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.10.07	20:50	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2017.09.29	17:39	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
10	2017.09.15	19:08	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	11:58	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2016.11.02	20:19	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	11:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	12:05	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	19:41	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.09.16	11:47	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	12:48	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles

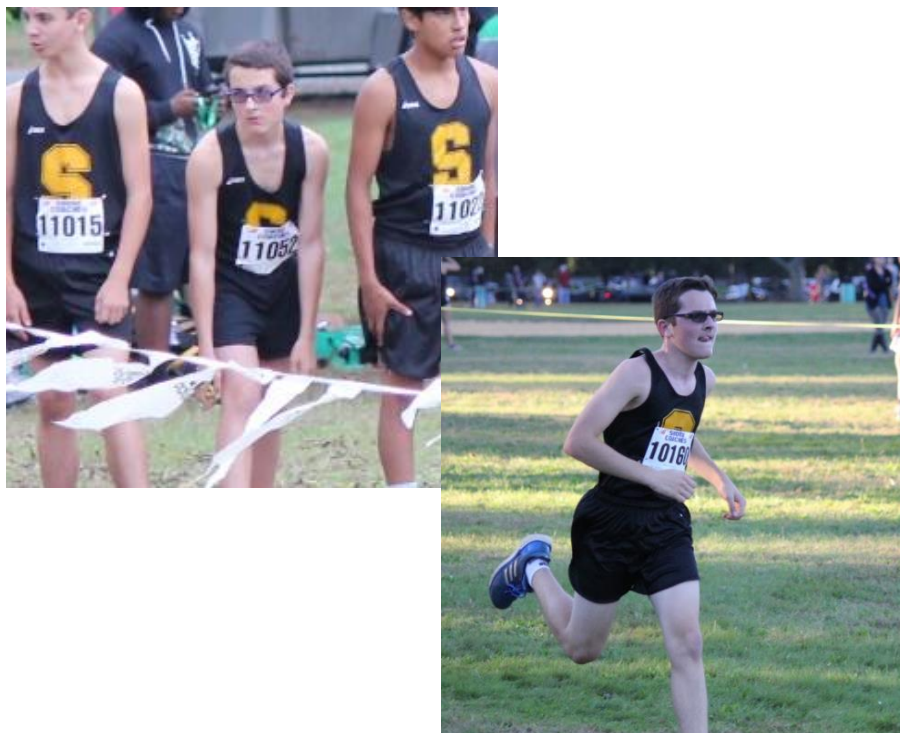


Alex Panichello

1st Year Varsity

Personal Best: 18:22

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.01	18:36	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.26	18:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	19:05	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	22:42	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.10.07	21:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2017.09.15	20:11	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2016.11.02	22:00	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	12:44	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	12:42	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	21:33	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	14:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	13:09	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles



Joseph Parker
Junior Varsity
Personal Best: 21:50

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.01	22:35	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.26	21:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	22:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	23:10	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.09.29	22:54	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
10	2017.09.15	24:26	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	14:13	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2016.11.02	27:08	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	14:17	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	14:27	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	26:50	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	17:01	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	16:02	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles



Alexander Reck

1st Year Varsity
Personal Best: 18:07

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2017.11.01	18:43	The Future 7	Ocean County Park, Lakewood, NJ	5k
10	2017.10.26	18:07	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.19	19:47	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2017.10.12	20:28	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2017.09.09	12:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2016.09.16	12:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	13:51	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles

CLASS OF 2021

“FRESHMAN”





John Barbieri

1st Year Varsity
Personal Best: 17:20

Grade	Date	Time	Meet	Location	Distance
9	2017.10.26	10:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	10:39	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	17:20	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	11:51	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	07:42	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.23	10:24	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
9	2017.09.15	10:46	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	11:08	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Dylan Bates

1st Year Varsity
Personal Best: 18:22

Grade	Date	Time	Meet	Location	Distance
9	2017.11.01	18:54	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	10:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	11:16	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	18:22	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	12:27	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	07:58	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.23	10:49	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
9	2017.09.15	11:25	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	11:14	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Jackson Braddock

1st Year Varsity
Personal Best: 16:25

Grade	Date	Time	Meet	Location	Distance
9	2017.11.11	18:10	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
9	2017.11.04	16:52	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
9	2017.10.26	10:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	16:35	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
9	2017.10.12	16:25	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	11:26	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	07:25	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.23	10:01	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
9	2017.09.15	10:24	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	10:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Michael Chanda

1st Year Varsity
Personal Best: 17:23

Grade	Date	Time	Meet	Location	Distance
9	2017.11.01	17:23	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	10:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	10:40	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	17:28	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	11:57	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	07:48	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.23	10:30	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
9	2017.09.15	10:54	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	11:04	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Nunzio D'Amelio

Junior Varsity
Personal Best: 20:00

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	20:00	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	12:19	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	12:14	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	20:15	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	14:13	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	09:20	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	12:35	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	13:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Kevin DeHart

Junior Varsity
Personal Best: NT

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.09.15	12:00	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	12:28	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Nicholas Desiderio

Junior Varsity
Personal Best: 19:25

Grade	Date	Time	Meet	Location	Distance
9	2017.11.01	19:54	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	11:44	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	11:50	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	19:25	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	13:34	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	08:57	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	12:30	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	13:05	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Thomas Evanchik

Junior Varsity
Personal Best: 18:55

Grade	Date	Time	Meet	Location	Distance
9	2017.11.01	18:55	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	11:08	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	11:14	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	19:04	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	12:46	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	08:14	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.23	11:12	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
9	2017.09.15	11:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	11:57	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Tyler Fastige

Junior Varsity
Personal Best: 24:18

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	24:18	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.19	16:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	26:50	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	19:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.09	16:04	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Jonathan “JT” Hille

Junior Varsity
Personal Best: 18:55

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	19:50	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	11:12	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	11:15	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	18:55	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	13:09	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	08:23	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	11:38	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	12:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Brian Kilcommons

Junior Varsity
Personal Best: 19:09

Grade	Date	Time	Meet	Location	Distance
9	2017.11.01	19:09	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	11:27	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	11:54	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	19:56	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	13:42	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	08:57	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	12:24	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	13:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



John Mastandrea

1st Year Varsity
Personal Best: 18:46

Grade	Date	Time	Meet	Location	Distance
9	2017.11.01	18:46	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.12	19:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	12:28	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	08:00	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.23	10:39	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
9	2017.09.15	11:20	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	11:33	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



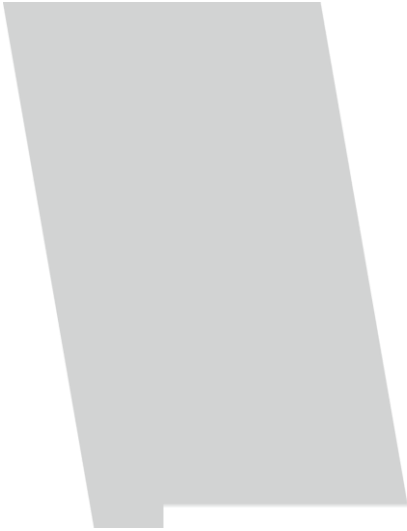
Thomas Olkowski
Junior Varsity
Personal Best: 18:56

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	18:56	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	11:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	11:45	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	19:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	13:28	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	08:34	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	12:11	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	12:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Braden Pelusio
Junior Varsity
Personal Best: 19:59

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	20:36	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	12:15	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	12:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	19:59	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.09.29	08:58	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	12:54	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	13:04	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Jake Rainey
Junior Varsity
Personal Best: 21:18

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	21:18	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	12:41	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	12:54	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	21:48	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.09.29	09:40	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	12:36	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	13:30	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Nicholas Raylman
Junior Varsity
Personal Best: 22:38

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	22:38	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	13:56	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	13:56	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	23:28	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	16:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	10:29	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	14:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	15:05	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Dominic Sari

Junior Varsity
Personal Best: 19:55

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	19:55	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	11:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	12:01	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	19:58	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	13:38	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	09:00	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	12:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	13:53	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Simon Schriever

Junior Varsity
Personal Best: 21:43

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	21:43	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	13:18	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	13:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	22:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	14:57	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	09:48	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	13:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	14:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Timothy Sincavage

1st Year Varsity

Personal Best: 17:44

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	17:45	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	10:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	10:41	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	17:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	12:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	07:53	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.23	10:39	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
9	2017.09.15	11:14	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	11:21	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Jaden Sirisky

Junior Varsity

Personal Best: 24:09

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2017.11.01	24:09	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.19	14:43	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	25:08	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	18:05	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.15	15:20	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	15:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Van Liew Logan

1st Year Varsity

Personal Best: 18:02

Grade	Date	Time	Meet	Location	Distance
9	2017.11.01	18:08	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	10:58	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.12	18:02	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2017.10.07	12:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	08:21	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	12:14	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	12:40	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Drew Wasacz

Junior Varsity

Personal Best: 18:44

Grade	Date	Time	Meet	Location	Distance
9	2017.11.01	18:44	The Future 7	Ocean County Park, Lakewood, NJ	5k
9	2017.10.26	11:57	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.19	11:40	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.10.07	DNF	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2017.09.29	08:26	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
9	2017.09.15	12:35	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2017.09.09	13:25	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



BELIEVE!